Indoor Recess Activity Board

In this package, you will find:

- 1. Indoor Recess Activities Cycle 2 Suggested activities
- 2. Visual of layout of Activity Board
- 3. Title cards for your Activity Display board
- 4. Activity cards for Quiet Time Activities, Physical Activities and Community Projects

Note: We encourage you to laminate these cards for extended use. They can be affixed with Velcro, FunTak or Magnets.

Indoor Recess Activities – Cycle 2

Quiet Time Activities	Physical Activities	Community Project
✓ Mandalas/coloring pages	✓ Go Noodle/Let's Dance	✓ Mural drawing on banner
✓ Collage making	✓ Fitness Bingo	paper
✓ Search'n Find placements	 Minute to Win It Challenges 	✓ Class Puzzle
✓ Play Doh	✓ 10 sided exercise dice	✓ Maze construction/simple
 Bracelet making with beads 	✓ Desk Drumming	wood projects
✓ K'Nex, Lego, maze-building – making their	✓ Pool Noodle workout	✓ THEME craft table
own creations	 ✓ Alphabet Fitness 	✓ JENGA, Suspend
✓ Rush Hour, Hoppers, Tip Over	✓ Boks Fitness program	✓ Scattergories
✓ Cards, Uno, Go Fish	✓ Yoga exercises	✓ Junior Pictionary
✓ Blockus (for 2, for 4)	✓ "Create your own dance routine"	✓ Create a "Class Treasure
✓ Battleship	✓ Sardines (reverse of Hide and Seek-	Hunt"
✓ Checkers, Chess	1 person hides and everyone else	🗸 Scavenger Hunt
✓ Spot it!, Dobble	looks for the hidden person. When	✓ Charades
✓ "Craft Station" – having different materials	a person finds the hidden person,	 ✓ Creating and putting on
available, changing things up periodically	they quietly join them in their	puppet shows
to keep it interesting and inspiring	hiding spot)	✓ Melting Snowman
✓ Art for Kids Hub – can watch wide variety	 Cup stacking – construction and 	(alternative version of
of how- to-draw videos, usually under 15	destruction	Hangman)- draw a
minutes in length	✓ Fitness Monopoly	snowman on a white
		board/chalkboard. Every
		incorrect guess erases a body
✓ Personal project:		part. Game ends when they
✓ Yarn creation -corking, straw weaving,		guess the word or when
finger knitting		there is no snowman left.
✓ Bracelet making (with elastics or		
thread)		
✓ Fidget making		
✓ Scrapbooking		
✓ Sketching (personal book)		

Indoor Recess Activities

Quiet Time Activities









Physical Activities









Community Projects









Quiet Time Activities

Physical Activities

Community Projects

Special Activity

Indoor Recess Activities







Hand clapping game	Dodge ball	Mini hockey
Foosball	Basketball	Mini golf
7-Up	Twister	Suction balls
Hopscotch		



Puppet Show	Wood project	Popsicle sticks project
Twenty Questions Game	Name that Tune Games	Storyteller
Twenty questions	Name that tune	Storyteller
	Lock & Key Malch	
LEGO wall	Lock & Key Match	