

WELCOME TO "QUOTES & INSPIRATIONS"

PLEASE READ THROUGH AND CHOOSE THE ONES THAT
INSPIRE YOU, MOVE YOU AND CONNECT WITH YOU

ALWAYS REMEMBER
YOU ARE **BRAVER**
THAN YOU BELIEVE,
STRONGER THAN
YOU SEEM &
SMARTER THAN
YOU THINK A.A. MILNE

NO NEED TO
HURRY, NO
NEED TO
SPARKLE, NO
NEED TO BE
ANYONE BUT
ONESELF.

VIRGINIA WOLF

WE BECOME
WHAT WE
THINK
ABOUT.

EARL NIGHTINGALE

START WHERE YOU ARE
USE WHAT YOU **HAVE**
DO WHAT YOU CAN

ARTHUR ASHE

THE BRAVE MAN IS NOT HE WHO
DOES NOT FEEL AFRAID,
BUT HE WHO *CONQUERS* THAT FEAR.

NELSON MANDELA

THERE IS NOT ALWAYS A *GOOD GUY*
NOR IS THERE ALWAYS A *BAD GUY*
MOST PEOPLE ARE
SOMEWHERE IN BETWEEN.

PATRICK NESS

BE
YOURSELF,
EVERYONE ELSE IS
ALREADY TAKEN!

OSCAR WILDE

THERE WAS ANOTHER LIFE
THAT I MIGHT HAVE HAD,
BUT I AM HAVING THIS
ONE. KAZUO ISHIGURO

AT FIRST GLANCE IT MAY APPEAR
TOO HARD
LOOK AGAIN
ALWAYS LOOK AGAIN.

MARY ANNE RADMACHER

MISTAKES

ARE PROOF
THAT YOU
ARE
TRYING!

YOU DON'T HAVE TO BE
PERFECT

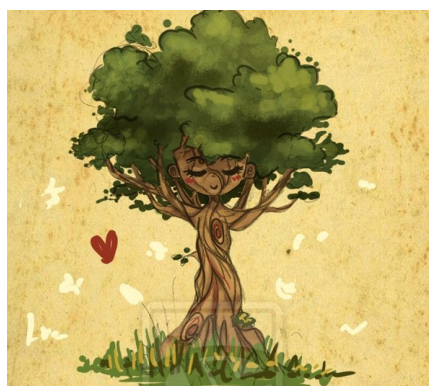
TO BE *AMAZING!*

NO GOAL WAS EVER MET
WITHOUT A LITTLE SWEAT!

THE TRUE GAGE OF
INTELLIGENCE IS NOT
KNOWLEDGE BUT
IMAGINATION

ALBERT EINSTEIN

THEY MAY FORGET WHAT YOU SAID
BUT THEY WILL NOT FORGET HOW
YOU MADE THEM FEEL



Advice From A Tree

- Stand Tall And Proud
- Go Out On A Limb
- Remember Your Roots
- Drink Plenty of Water
- Be Content with Your Natural Beauty
- Enjoy the View

Joanne
Lupis

SUCCESS IS THE SUM OF
SMALL EFFORTS,

REPEATED DAY IN AND DAY OUT.

ROBERT COLLIER

DEAR MATH,
GROW UP AND SOLVE YOUR
OWN PROBLEMS!!

JSA JSA

NO ONE IS
PERFECT, THAT'S
WHY PENCILS HAVE
ERASERS

"PEOPLE WILL LOVE
YOU. PEOPLE WILL
HATE YOU. AND
NONE OF IT WILL
HAVE ANYTHING TO
DO WITH YOU."

ABRAHAM HICKS

YOU DON'T NEED A
CAPE TO BE A
HERO.
YOU JUST NEED TO
CARE.

PERSISTENCE
GUARANTEES
THAT RESULTS
ARE
INEVITABLE

SWAMI SMARANANANDA

I'M NOT AFRAID OF STORMS,
FOR I'M LEARNING HOW TO SAIL MY SHIP.



LOUISA MAY ALLCOTT

IF YOU FAIL,
NEVER GIVE UP BECAUSE **F.A.I.L.** MEANS
“FIRST ATTEMPT IN LEARNING”

“BELIEVE IN
MIRACLES BUT
ABOVE ALL **BELIEVE**
IN YOURSELF!”

“LET YOUR DREAMS BE **AS BIG**
AS YOUR DESIRE TO SUCCEED”

IMAGINATION IS MORE IMPORTANT THAN KNOWLEDGE.
FOR KNOWLEDGE IS LIMITED,
WHEREAS *IMAGINATION EMBRACES THE ENTIRE WORLD.*

ALBERT EINSTEIN

“**NEVER BE AFRAID TO**
START SOMETHING NEW,
IF YOU FAIL IT IS JUST
TEMPORARY,
IF YOU BELIEVE AND
PERSIST YOU WILL
SUCCEED.”

“YOUR DREAMS
AND YOUR GOALS
ARE THE SEEDS OF
YOUR OWN
SUCCESS.”

“**START** WHERE
YOU ARE AND
TAKE CHANCES.”

“NEVER GIVE UP,
KEEP GOING NO
MATTER WHAT!”

“LIFE ISN'T ABOUT FINDING
YOURSELF. LIFE IS ABOUT
CREATING YOURSELF.”

GEORGE BERNARD SHAW

“THE PERSON WHO SAYS IT CANNOT BE DONE SHOULD NOT INTERRUPT THE PERSON WHO IS DOING IT.” CHINESE PROVERB

“DON'T JUST DREAM YOUR DREAMS, **MAKE THEM HAPPEN!**”

“WHEN YOU FEEL YOU ARE DEFEATED, JUST REMEMBER YOU HAVE THE POWER TO **MOVE ON**, IT IS ALL IN YOUR MIND.”

“AIM FOR THE STARS TO KEEP YOUR DREAMS ALIVE”

“OPPORTUNITY COMES TO THOSE WHO NEVER GIVE UP.”

“ALWAYS AIM FOR BIGGER GOALS, THEY HAVE THE POWER TO KEEP YOU MOTIVATED.”

“A **SUCCESSFUL PERSON** IS SOMEONE THAT *UNDERSTANDS* TEMPORARY DEFEAT AS A *LEARNING PROCESS*, **NEVER GIVE UP!**”

“LET YOUR **DREAMS** BE BIGGER THAN YOUR FEARS AND YOUR **ACTIONS** LOUDER THAN YOUR WORDS” ANONYMOUS

“YOUR *FUTURE* IS *CREATED BY WHAT YOU DO TODAY* NOT TOMORROW.” ANONYMOUS

“**LAUGHTER** IS THE SHOCK ABSORBER THAT SOFTENS AND MINIMIZES THE BUMPS OF LIFE.” ANONYMOUS

“IT DOES NOT MATTER HOW SLOWLY YOU GO AS LONG AS YOU DO NOT STOP.” CONFUCIUS

“ITS BETTER TO HAVE AN IMPOSSIBLE DREAM THAN NO DREAM AT ALL” ANONYMOUS

“THE WINNER ALWAYS HAS A PLAN; THE LOSER ALWAYS HAS AN EXCUSE.” ANONYMOUS

“THERE IS NO ELEVATOR TO SUCCESS. YOU HAVE TO TAKE THE STAIRS.” ANONYMOUS

IT'S NOT HOW MANY TIMES
YOU GET KNOCKED DOWN,
IT'S HOW MANY TIMES YOU
GET BACK UP!

**STRONG PEOPLE DON'T PUT OTHERS
DOWN, THEY LIFT THEM UP**

MICHAEL P. WATSON

**BELIEVE YOU
CAN AND
YOU'RE
HALFWAY
THERE!**

THEODORE ROSEVELT



IT'S NOT WHAT HAPPENS TO YOU,
BUT **HOW YOU REACT**
TO IT THAT MATTERS

EPICETUS

IF YOU **SEE** SOMEONE
WITHOUT **A SMILE**
GIVE THEM ONE
OF **YOURS!**

WINNING DOESN'T
ALWAYS MEAN BEING
FIRST, **WINNING MEANS
YOU'RE DOING BETTER
THAN BEFORE.**

BONNIE BLAIR

IF YOU'RE ALWAYS TRYING TO
BE **NORMAL**, YOU'LL NEVER
KNOW HOW **AMAZING**
YOU CAN BE!

DON'T LET
ANYONE,
EVER DULL
YOUR
SPARKLE

EVERYONE WANTS **HAPPINESS**.
NO ONE WANTS **PAIN**.
BUT YOU CAN'T HAVE A **RAINBOW**,
WITHOUT A LITTLE **RAIN**.

**NOTHING IS
IMPOSSIBLE, THE
WORD ITSELF SAYS**
"I'M POSSIBLE!"

AUDREY HEPBURN